



## **Heat Press General Temperature Guide**

Temperatures are intended to be a guide only. Times may vary.

Material	Temperature	Press Time
T-Shirts (Cotton/General)	380-400°F	35-40 seconds
Polyester	375°F	35-45 seconds
Ceramic/Glass tiles	400°F	300-720 seconds
Ceramic Mugs	400°F	200-240 seconds
Porcelain	400°F	180-240 seconds
Stainless Steel Mugs/Metal	400°F	60 seconds